



An e-Newsletter for the Families of Notre Dame Academy

LETTER FROM THE PRINCIPAL ◀

Blessings friends,

This past Friday the NDA community celebrated Grandparent's Day with Mass and tours of our new Collaborative Learning Center. It was a pleasure to welcome so many grandparents to Notre Dame Academy for this special service. We acknowledged their commitment to Catholic education and let each of them know they are an important part of our *Becoming Fully Alive Through Education and Love*. You can enjoy several pictures from that day below.

This week is Red Ribbon Week at NDA when we take time to focus on the dangers of drug use and abuse. It is so important that we, as parents and educators, talk to our children and students about the dangers of drugs and alcohol. Below in the Counseling and Student Services section, you can find some helpful tips for having those conversations from the Partnership for Drug-Free Kids. Tomorrow we will gather in the auditorium at the end of the day for a drug and alcohol education presentation by Clinical Psychologist David Baum. The presentation will raise awareness about the impact media plays in drug and alcohol use and what these substances do to the bodies and minds of adolescents. Students may wear your red shirts with their skirts tomorrow in celebration of Red Ribbon Week.

Also, please note: School will dismiss at 2:00 p.m. tomorrow, October 25 for Student/Parent Teacher Conferences.

I invite all of you to join us this Sunday, October 28, when our community will come together with Bishop Foys for our Dedication Celebration for our new facilities at NDA. A formal ceremony will take place from noon until 1:00 p.m. with a reception and tours to follow. We hope many of our parents and students will join us for this momentous celebration. You can find more information about the dedication in your invitation below.

Working with your daughters each day is a privilege. Thank you for partnering with us as we strive to educate young women to make a difference in the world.

In Notre Dame,

Mr. Jack VonHandorf

Autumn Prayer

God of all seasons, we thank you for Autumn.

We thank you

for the touch of coolness in the air that gives us a new burst of energy,
for the coloring of trees that shows the creativity of the Divine Artist,
for the falling leaves that reveal the strength of the branches,
for the hues of fields that bring peace to our souls,
for the smiles on pumpkins that bring joy to children,
for the fall harvest which that brings us gratitude for the bounty of our land,
for this change of seasons that reveals the circle of life.

God of all seasons, as you transform the earth, transform us by your Spirit.

Amen



- Doug Leonhardt, S.J.

You are cordially invited to attend

NOTRE DAME ACADEMY'S
21st Century Excellence Without Boundaries

Dedication

Celebration

October 28, 2018

at

NOTRE DAME ACADEMY
1699 Hilton Drive
Covington, Kentucky 41011

Formal Ceremony from noon until 1:00 p.m.

Reception and tours to follow

Please confirm your attendance
by contacting NDA's Development Department
at 859.292.7729

STUDENT LIFE

STUDENT LIFE UPDATE ◀

Halloween Festivities

Happy Halloween from Notre Dame Academy! As of today, some of NDA's homeroom classes have been "booed" by another. Organized by the Student Council, "booing" began earlier this week and involved the ghostly delivery of candy surprises to homerooms. Next Wednesday, students and faculty will participate in a

Halloween costume contest. Students are reminded that costumes must be appropriate and provide proper coverage; in addition, no gore, face/body paint, masks or weapons are permitted. Thanks to our Junior Student Council Officers for coordinating the Haunted House during the lunches next Wednesday.



Freshmen Elections this Friday!

Good luck to our Freshmen running for Student Council Homeroom Representative this Friday. The newly elected officers will be announced at the end of the day. [CLICK HERE](#) to meet the candidates.

Senior Graduate Services

This Friday during long homeroom, the Senior class will attend an informational session with Graduate Services. During the session, the Class of 2019 will receive information about graduation preparations including how to order invitations, caps and gowns.

Just a reminder that no school next Thursday, November 1, due to the Holy Day!



NOTRE DAME ACADEMY
Educating Women to Make a Difference in the World



www.ndapandas.org

**OPEN
HOUSE
NOV 4
1-3 pm**

DO YOU KNOW A YOUNG WOMAN WHO IS READY TO MAKE A DIFFERENCE? ◀

If you know a young woman who could benefit from an NDA education, please invite her to learn all about the Notre Dame Life and the All-Girl Advantage at our Open House on Sunday, November 4 from 1-3 p.m.



WE NEED YOUR HELP ◀

Our Panda Parent Club graciously offers to host our refreshments at Open House and could use your help. If you would like to volunteer to bring in cookies, brownies or some other dessert for Open House, please sign up [HERE](#). Items should be turned into the the front office by Friday, November 2 at noon. Thanks in advance for your support!



2019 MARCH FOR LIFE: WILL YOU JOIN US? ◀

Saving lives, ending abortion, and promoting a culture of life is why we march each year in Washington D.C. If your daughter would like to attend this important event on January 18, 2019 and be a voice for the voiceless please have her stop by front office to pick up permission slip forms. If you have any questions please email Mrs. Theresa Van Auken at vanaukent@ndapandas.org. Parent chaperones who are virtue trained are needed so please let Mrs. Van Auken

LET'S MAKE A DIFFERENCE! ◀

Many Service Opportunities coming up! See how you can help! More details about each opportunity and directions for how to sign up listed in the Unified Classroom Service Information Class under the Service Opportunities Page.

- Flower planting in Covington - October 27
- NDA Dedication - October 28
- Dent Schoolhouse - Thru November 3
- Ft. Wright Elementary Fall Festival - November 10
- Honor Run - November 11
- Turkeyfoot Trot 5K - November 17
- St. John's Fall Festival - November 17-18
- Independence Christmas Walk - December 1
- Breakfast with Blitzen - December 8



CAMPUS MINISTRY UPDATE ◀

On Friday, October 26, the Sophomore Class will come together for daily mass in the theater at 8:35 a.m. On Friday, November 2, the Junior Class will come together for a class mass in the theater at 8:35 a.m. Parents are welcome to attend - please sign in in the school office when you arrive.

CAN THE CRUSADERS! ◀

This year for our canned food drive we will be partnering with St. Henry to feed as many hungry people as possible. The food drive will last from Monday, November 5 through Friday, November 16. Students should stay tuned for special competitions and incentives throughout those 2 weeks. As always, our donations will be going to St. Vincent de Paul. They have provided us with a list of items that they are in need of so please keep that in mind as you stock up to help us feed the hungry and Can the Crusaders!

Stove Top stuffing

12 or 14 oz cans of:

- Cranberry sauce
- Ravioli, spaghetti o's
- Chicken noodle soup
- Beef stew
- Chili with beans
- Tomato soup
- Vegetable soup

Cans of:

- peaches
- pears
- mixed fruit
- mandarin oranges
- pineapple chunks

Cans of pork & beans

Spaghetti

Spaghetti sauce

Any type of noodles

Mac & Cheese

Peanut butter

Packets of gravy mixes - chicken & beef

Tuna

Hamburger and tuna helper

Crackers

Instant potatoes

Instant Oatmeal





COLLABORATIVE LEARNING CENTER PIC OF THE WEEK ◀

Mrs. Benkert is capturing all sorts of interesting 21st century educational experiences taking place in the CLC! Check out senior Emily Egbers working at one of our new writable glass tables!



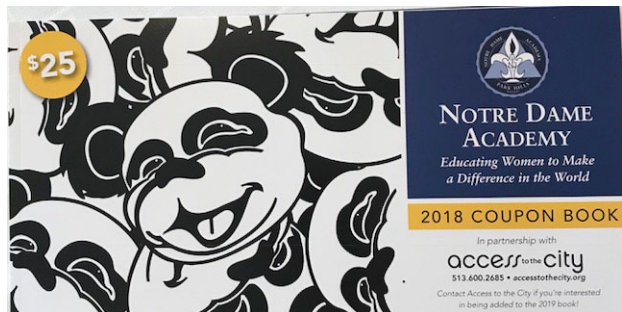
WORK STUDY AND VOLUNTEER OPPORTUNITIES IN THE LONGSHORE DINING HALL ◀

Do you have just one day a month to volunteer for two hours in the NDA cafeteria? Helping out is neither difficult nor time-consuming and our current volunteers have fun visiting the school and seeing their daughters, granddaughters and friends. Volunteers are also welcome to stick around after their two-hour shift for lunch with “the crew”. Grandparents in particular seem to love this job, so please consider asking your daughter’s grandparents if they would like to help out. If you are interested in volunteering, please contact Karen Brungs at 859.292.1856 or brungsk@ndapandas.org. The schedule is online and you can sign up [HERE](#).

ALSO, we have a Work Study position open in the Longshore Dining Hall dish-room as well. If you are interested in this position, please contact Karen Brungs at 859.292.1856 or brungsk@ndapandas.org.

DAILY ANNOUNCEMENTS ◀

Parents, did you know that NDA’s daily announcements are posted each day on our website? You can find them [HERE](#).



ATHLETIC DEPARTMENT NEWS ◀

Coupon Book Fundraiser is Underway

Coupon books for the athletic fundraiser are in. Each student athlete will need to sell 18 books, or if you are a sibling of a student athlete, the second child sells 14, third child 8.

If students have not picked up their books yet please do so Thursday October 25 after school in the auditorium.

The excel sheet that needs to be filled out is available on the NDA website under Athletic Fundraiser.

All money is due to either the front office or athletic office by Monday December 10 in an envelope with your name and homeroom on it as well as labeled coupon book money.



Grandparents Day!



COUNSELING AND STUDENT SERVICES ◀



Red Ribbon Week

This week is Red Ribbon Week, which is a week where we take some time to focus on why using substances, such as drugs, are harmful for us. As parents it is important to have conversations with your children about drugs and alcohol, but it can be difficult to know what to say or do when it comes to having these conversations. The Partnership for Drug-Free Kids recommends the following tips when having a conversation with your child:



- Always keep conversations open and honest
- Come from a place of love, even when you're having tough conversations.
- Balance positive reinforcement and negative reinforcement
- Keep in mind that teachable moments come up all of the time - be mindful of natural places for the conversation to go in order to broach the topic of drugs and alcohol.

Partnership for Drug-Free Kids

The Partnership for Drug-Free Kids goes on to give ideas about how to talk to your teen to help prevent use. Their ideas include:

- Make sure your teen knows your rules and the consequences for breaking those rules — and, most importantly, that you really will enforce those consequences if the rules are broken. Research shows that kids are less likely to use tobacco, alcohol and other drugs if their parents have established a pattern of setting clear rules and consequences for breaking those rules. Kids who are not regularly monitored by their parents are four times more likely to use drugs.
- Show interest in and discuss your child's daily ups and downs. You'll earn your child's trust, learn how to talk to each other, and won't take your child by surprise when you voice a strong point of view about drugs.
- Don't just leave your child's anti-drug education up to her school. Ask your teen what she's learned about drugs in school and then build on that with additional topics, such as how and why chemical dependence occurs; the unpredictable nature of dependency and how it varies from person to person; the impact of drug use on maintaining a healthy lifestyle; or positive approaches to stress reduction.

For more information see <https://drugfree.org/article/prevention-tips-for-every-age/#tips4>

KY Governor Programs Application Update:

	<u>Online Application</u>	<u>Due</u>
Governor's Scholars Program (GSP)	Available	November 13
Governor's School for the Arts (GSA)	Available	January 11
Governor's School for Entrepreneurs (GSE)	November 1	December 20

TAP MD

Students that are interested in pursuing a career as a Physician are encouraged to apply for this position. It is a program where various careers as a physician are explored. Students should be at least 16 years of age and a junior in high school to apply. This is a competitive program and students that are considered generally have an ACT score of a 29 or higher or a PSAT score of a 1330. All students received an email about how to apply for the program. Please see the website here for more info here. If you have more questions please contact Mrs. Monohan at monohanc@ndapandas.org.

TAP HC

Students that are interested in pursuing a career in healthcare in general are encouraged to apply for this position. There are scheduled activities/experiences in many health related careers. Students should be at least 16 years of age and a junior in high school to apply. This program is not as competitive as Tap MD but still seeks for participants to be good students with motivation. Please see the website here for more info here. If you have more questions please contact Mrs. Monohan at monohanc@ndapandas.org.

COLLEGE VISIT OPPORTUNITIES:

We want to especially encourage Juniors to be getting on some College Visits this year! Here are some ideas and links to help.

NKU Open Houses:

For Info and to Sign-Up: [NKU Open Houses](#)

Saturday, November 10 @ 9 a.m.

Saturday, December 7 @ 9 a.m.

Preview UC (University of Cincinnati)

Monday-Friday @ 9 a.m.

For Info and to Schedule Visit: [Preview UC](#)

University of Cincinnati Open House

Friday, November 2

[Link to Sign-Up: University of Cincinnati Open House](#)

Visit Thomas More University!

Thomas More offers visits from Monday - Friday.

For Info and to Schedule Visit: [Visit TMC](#)



Case Western Reserve University - Fall Open House

November 12 - For more information and to RSVP: case.edu/admission

University of Dayton Women in Engineering Overnight

UD has a no-cost overnight event November 9 - November 10 for female juniors and seniors. This would be a great opportunity for any juniors and seniors curious about a career in Engineering! For more information and to sign-up for this event: [Women in Engineering Overnight](#)



Parents/Guardians: Drug Free Club at Notre Dame Academy has almost 450 students currently signed up, which means about 150 are not yet signed up. What is keeping you from signing up your daughter for Drug Free Club at NDA? I would like to refute some of the possible reasons:

1. My daughter does/will not use drugs, so and I don't want to pay for this.

The cost of membership is \$25 (Notre Dame picks up \$10 of the regular \$35 cost to other students), which includes all kinds of rewards and prizes. Don't you want to reward your daughter for being drug-free? And to receive the same rewards her drug-free friends are receiving? Don't you desire her to have the associations and to be a known member of Drug Free Club? Don't you want your daughter to be able to list Drug Free Club membership on her college applications and resumes? **At NDA, it's COOL to be IN Drug Free Club!!!**

2. Why should we reward them for something we expect of them anyway?

Drug Free Club is a form of Positive peer pressure! It helps students resist temptation to make the right choices. Their brains are not fully developed yet, which can make them weak during impulsive moments. **This could be the difference between them saying Yes and NO in an unexpected difficult moment.**

3. My daughter may have used something, and I don't want her to get in trouble for it.

The school never gets the results of the drug tests. **DFCA informs parents directly, allowing them to handle the results and get any help as they best see fit.**

4. My daughter does not want to pee in a cup.

Experiencing drug testing is good practice for many future jobs, as more and more companies have compulsory drug testing.

5. Finances are tight at home, and \$25 is just too much for right now.

Please let me know! There is scholarship money available!

6. I forgot to sign her up.

There is still time!! Do it **ONLINE NOW!! The deadline is Friday November 2nd.**



2018-19 College Rep Visits at NDA

Throughout the school year many college representatives visit NDA to speak with students during lunch periods. Below is a list of upcoming visits.

OCTOBER

26 UNIVERSITY OF NOTRE DAME



31 SPAULDING UNIVERSITY



ART DEPARTMENT NEWS ◀

Students to Exhibit Artwork at Xavier

Congratulations to Carenna Bhola, Sara Mathew, Zoe Moellering, and Kenzie Eberhart for having their artwork juried and selected to show in this years Xavier University High School Juried Exhibition. The show will open on November 2 and run until November 20. Congratulations and thanks for representing Notre Dame Academy and its Fine Arts Department!



Carenna Bhola



Sara Mathew



Zoe Moellering



Kenzie Eberhart

Fine Arts Trip to San Francisco in the Summer of 2019

The Fine Arts Department is excited to announce that there are plans to take a trip to San Francisco early in June of 2019. The plans are to leave June 10, and come back June 13th. During the trip, we are planning on seeing sites such as Twin Peaks and The San Francisco Museum of Modern Art. We will be catching to performances from the selection of plays. The trip will also include a graffiti/hip hop class at San Francisco First Amendment as well as other sight seeing excursions throughout the city. As of now, the price of the trip is not known simply because we don't know how many students will attend but, if you are interested, please email Matt Eckerle at: eckerlem@ndapandas.org, for more information and directions on how to sign up for the trip.

► Important dates

October 22	Red Ribbon Weeks Begins
October 24	Crafts and Vines Discount Night - Faculty & Alums
October 25	Wear a Red Shirt today! Student/Parent/Teacher Conferences - SCHOOL DISMISSES at 2:00 p.m.
October 27	ACT at NDA CCH Halloween Dance
October 28	Dedication of New Facilities at NDA - 12:00 noon
October 31	Halloween
November 1	No School: All Saints Day
November 2	End of the 1st Quarter
November 4	Open House Daylight Savings Ends
November 8	NDA Alum Wine and Paint Night
November 9	Remembrance Mass
November 13	Fall Sports Awards
November 14	FR Retreat/Service Day
November 16	Picture Re-Take Day Panda FunFest
November 21-23	No School: Thanksgiving Break
November 21	Class of 2018 Welcome Back Night
December 5	SO Retreat
December 7	Christmas Choral Concert
December 8	High School Placement Test - HSPT ACT at NDA FR Semi-Formal Dance at NDA

COMMUNITY NEWS ◀

Check out the **Community News** section of NDA's website for news about.

- Kenton County Public Library's Haunted Library
- Women's Health and the Catholic Church
- B.R.A.K.E.S. - Teen Pro-Active Driving School

You can find a complete list of community news [HERE](#).

